



ALBEMARLE REGIONAL HEALTH SERVICES
Partners in Public Health

711 Roanoke Ave. Elizabeth City, NC 27909

NEWS RELEASE

April 9, 2020
FOR IMMEDIATE RELEASE

Contact Information:
Amy Underhill, Public Information Officer
252-338-4448
aunderhill@arhs-nc.org

**ALBEMARLE REGIONAL HEALTH SERVICES CONFIRMS SECOND POSITIVE
COVID-19 CASE IN CHOWAN COUNTY**

Elizabeth City, NC – Albemarle Regional Health Services Health Director R. Battle Betts, Jr., MPA, has received notification of the second lab confirmed case of COVID-19 in Chowan County. The individual is in isolation outside of Chowan County and has not been in the county since early March. ARHS is following North Carolina Department of Health and Human Services (NCDHHS) guidelines on contact tracing of all individuals who may have had close contact with the case. Close contacts are defined as having direct contact with, or been within six feet for at least 10 minutes, of a case-patient while not wearing recommended personal protective equipment. Caregivers and household members of the case-patient are considered close contacts.

-more-

ARHS will continue to closely monitor other cases in Chowan County but will no longer publish additional press releases for each individual case due to community transmission of COVID-19 throughout our communities.

As of 11 a.m. on April 9, 2020 Albemarle Regional Health Services (ARHS) is reporting lab confirmed positive cases of COVID -19 across the region. Case counts include: Pasquotank – 10, Perquimans – 2, Camden – 0, Chowan – 2, Currituck – 3, Bertie – 11, Gates – 4, Hertford – 4. In North Carolina, there are currently 3,651 cases of COVID-19 in 91 counties.

Public health interventions are and will continue to be an important tool to reduce transmission and prevent the spread of COVID-19. ARHS is continuing to ask our community citizens to be vigilant in practicing preventive and safety measures that will help prevent the spread of the virus. These precautions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Practice social distancing; stay at least six feet away from others, avoid unnecessary travel, avoid handshakes, hugs and other close contact.

To slow the spread of COVID-19 and reduce the number of people infected, communities should be following the guidance set by local, state, and federal officials to reduce frequency of contact and increase physical distance between persons, thereby reducing the risks of person-to-person transmission.

-more-

Further information about COVID-19 can be found here:

Albemarle Regional Health Services - <http://www.arhs-nc.org/> or call 252-338-WELL

North Carolina Department of Health and Human Services - <https://www.ncdhhs.gov/>

Center for Disease Control - <https://www.cdc.gov/>

For more information, please contact Amy Underhill, ARHS Public Information Officer at

252-338-4448 or aunderhill@arhs-nc.org.

Albemarle Regional Health Services is dedicated to disease prevention and the promotion of a healthy environment to reduce morbidity, mortality, and disability through quality service, education, and advocacy.

####